

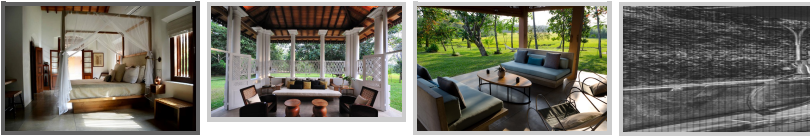


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The resort's five suites open onto the central L-shaped swimming pool.

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February 20, 2015

Ashtanga Yoga Retreats at Maya Villa

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With only five suite villas on the entire property, not to mention a countryside setting and surrounding tropical gardens, Maya Villa in Tangalle, Sri Lanka could not be a more perfect destination to unplug and realign. Providing the means to do exactly that, the Manor House—turned-resort has teamed up with yoga teacher and Ashtanga expert Dorion Davis to hold two 10-day/12-night ashtanga yoga retreats, one running between May 1–13 and the other running between May 15–27. Over the course of 10 morning classes and seven afternoon sessions, guests will receive personal yoga instruction, meaning all skill levels are welcome to join. Priced at a starting rate of US\$1,670 per person, the retreat also includes three vegetarian meals per day, airport transfers to and from the resort, and full use of Maya Villa's facilities, including its pool, garden, CD/DVD library, and Wi-Fi. Six-night versions of the retreat are also available at a starting rate of US\$1,065 per person, beginning on May 1, 7, 15, and 21.

For more information, visit [Maya Villas](#).

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